

Hub Brings a Pickleball Clinic to Andover

Thursday, August 4,
10 AM to noon


Susan Chase
Andover Community Hub

A beginners' pickleball clinic for adults will be held on the Proctor Academy tennis courts in Andover on Thursday, August 4, from 10 AM to noon, sponsored by the Andover Community Hub. The rain date is Saturday, August 6, same time.

Pickleball – one of the fastest growing sports in America, combining elements of tennis, ping-pong, and badminton – is played on a court half the size of a tennis court. The rules are simple, and the game is easy for beginners to learn.

While pickleball was invented as a backyard game for kids and is a sport the whole family can enjoy, the game has particularly taken the retired community by storm.

The clinic is limited to 12; those interested in attending are asked to register at TheAndoverHub@gmail.com. A \$5 donation is requested to help pay for gas mileage for the volunteer instructor. Paddles will be provided, although participants are welcome to bring their own.

Sneakers are suggested. It's also been suggested that watching a beginner pickleball video on YouTube may be helpful, but it's certainly not necessary. The only requirement is that you come prepared to have some fun! 

Salisbury Market Offers Fresh Pastries and Made-to-Order Meals

Two new vendors;
Mondays, 3 to 6 PM


Helen Binette
Salisbury Farmers Market

We are halfway through July, and the Salisbury Farmers Market is going well. The market is open Monday afternoons from 3 to 6 PM at the Salisbury Town Hall on Route 4.

One of our newest vendors is Brambleberry Farm and Catering. Order fresh meals by Thursday, and pick them up at the market on Monday. Her menu will be posted on the Salisbury Friends and Citizens and the Salisbury New Hampshire Farmers Market Facebook

pages.

The other new vendor is Ruth Ann, a pastry chef who will have something different every week. Other products at the market will be baked goods, jams and jellies and relishes, mustard, honey, eggs, maple syrup, and meats, as well as vegetables as they come into season. There are plenty of gift items such as pottery, woven goods, sewing projects, felted ornaments, house plants, and dog treats.

Please come and meet the vendors. Please do not park inside the cones. They are there for safety reasons. If you have any questions, please call Helen Binette at 603 648-2156. 


Kearsarge Chorale Invites Singers to Perform Handel's Messiah

Concerts on November 19 and 20

Press release

Kearsarge Chorale will perform Handel's *Messiah* at two public concerts on Saturday, November 19, and Sunday, November 20. We are seeking singers to join us in this experience.

Weekly practices will begin on Monday, August 22, at 7 PM. Practice location is the choir room at First Baptist Church in New London; performance location is Our Lady of Fatima Catholic Church, New London.

Kearsarge Chorale is a local, volunteer, non-denominational group of dedicated singers of all ages whose goal is to bring the best of classical and contemporary choral artistry to the Lake Sunapee Region. Our Artistic Director, Alex Ager, provides the challenge and guidance for achievement and musical artistry. For more information, please visit KearsargeChorale.org. 



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KearsargeChamber.org
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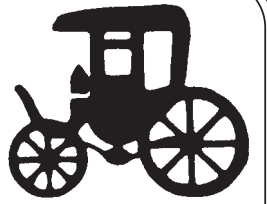
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ANDOVER OUTDOOR COMMUNITY COFFEEHOUSE FRIDAY, August 19 AT 6PM LOUISE GRASMERE

Opening Act–GARY CASSIDY

(at the AE/MS outdoor stage between the school & bank parking lots)



www.andovercoffeehouse.org

Food/drink available for purchase.
Note early start time 6 pm

Rain location–The Andover Hub (next to Pizza Chef), decision by 3 p.m. that day
Questions? 603 735-5135 or
theandoverhub@gmail.com



WHAT'S UP@THE HUB?

157 Main St., Andover, NH

AUGUST PROGRAMS/SERVICES

Bone Builders: Ongoing strength & balance for seniors, Mon & Thu, 9–10 a.m.

Coffee, Conversation & Andover Card Sharks: Taking a break for August

Scent Work with dogs: Mon., 4–6:30 p.m.. Info, ravenwds75@gmail.com

"Stitch & Bitch" Craft Circle: Tue, 6:30 p.m.. Chat while working on crafts

Parent/Child Playgroup: Wed, 10:30 a.m.–Noon. Info - Alison, 505-234-5784

Can Dance (Zumba-ish): Thur. 6:15 p.m. Drop in, \$10. Info cfloehr@gmail.com

Gentle Flow Yoga with Maris: Fri, 8:30 a.m., monthly series. Info, 603 661-8587

Pickleball Clinic for Adults: Thur., 8/4, 10 a.m.–Noon Register info below

Senior Health Clinic: Tue 8/9, by appt. Call VNA, 603 224-4093, ext. 5815

Outdoor Live Music: Fri. 8/19, 6 p.m.. AEMS amphitheater. Food for sale

Sit & Quilt: Sat, 8/20, 9 a.m.–3 p.m.. \$10 donation. Register - 603 491-0826

Dance Party: Fri., 8/26, 7–8:30 p.m. Drop in, bring a snack to share

HAVE A HAPPY SUMMER!

LET US KNOW WHAT INTERESTS YOU FOR FALL!

For more information on any of the above, contact
TheAndoverHub@gmail.com or 603 735-5509
or at www.AndoverHub.org, click "calendar" & click on event