



Erin Frost, 10, appears to be thinking about her upcoming softball game while participating in the Andover One Wheelers' car wash at the Andover Fire Station on May 5. The event was a fundraiser for the One Wheelers' upcoming trip to the Maine seacoast. Photo: Bob Bussey

AE/MS Celebrates Last Day With Field Day

By Kristy LaRoche
AE/MS Grade 6 and 7 Teacher

Field Day has become an AE/MS tradition. It is a great way for the whole school to come together to celebrate the end of a year. The day is filled with games, music, and the big cookout put on by Armand Boisvert and the bus drivers.

The school is broken up into teams of students from every grade level. Our eighth graders come back, even though they have already graduated, to lead their teams through the morning of events. All the events are relays, allow-

ing all students to participate. We have some very traditional relays, such as the potato sack race, obstacle course, and the always-fun water relay.

To change things up a bit, in the afternoon the seventh graders will give the school a catapult demonstration. The catapults were built by the students and will be tested on accuracy and distance. Also, our very own Long Tailed Monkeys will perform.

Field Day on June 15, the last day of school, is going to be a great day! So let's hope for a sunny day.

Andover One Wheelers

By Lisa Hanscom
Andover One Wheelers

The Andover One Wheeler Traveling Team and their families have been hard at work fundraising for their late June trip to Bucksport, Maine, where they will participate in Bridgefest. Bridgefest is the official celebration of the opening of the \$85 million Penobscot Narrows Bridge.

The 2,120' cable-stayed bridge is perched high above the Penobscot River between the towns of Prospect and Verona Island, and its towers can be seen for miles around. Andover's unicyclists will parade across the bridge deck 147' above the water, giving the students the unique opportunity to be out on the bridge and see up close the enormous towers and cable system that creates the bridge.

While in the area, Team members will be taking in the sights at Acadia National Park, Bar Harbor, and the surrounding towns on the coast of Maine. Some of the anticipated activities include a tour of a Civil War era fort, a schooner ride, the ocean view from the top of Cadillac Mountain, an ocean stroll from Sand Beach to Thunderhole, and trails

and carriage roads in the National Park.

The team would like to officially thank businesses in Andover and surrounding towns for their generous cash prize donations for our Cash Calendar during the month of May; all those who attended our Easter Breakfast; and everybody who came to our car wash and bake sale. Without your support the AOW organization would not be able to provide an annual long-distance trip for this dedicated group of talented Andover students.

During the month of May the team made an appearance in the Franklin Community Day Parade. In June, they will appear in the Strolling of the Heifers Parade in Brattleboro, Vermont, and in the Stevens High School Alumni Parade in Claremont, before heading for Maine.

Once back from Maine, they look forward to seeing everyone on the Fourth of July, where they will appear before and during the parade. The Team will host concession stands on the Town Green during the day and at the fireworks on Carr Field and at the Elementary School during the evening, officially beginning fundraising for their 2008 trip.

Robert Bussey

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Keep Safe This Summer!

By Heather Hill
AE/MS School Nurse

According to Helmets.org about 540,000 bicyclists visit emergency rooms with injuries every year. Of those, about 67,000 have head injuries and 27,000 have injuries serious enough to be hospitalized. One in eight of the cyclists with reported injuries has a brain injury.

These are alarming statistics and often preventable.

In 2006, New Hampshire adopted a bicycle helmet law requiring all children under the age of 16 to wear bicycle helmets. Andover children can be seen riding on major roads and at the skateboard park with only a percentage of them wearing helmets. Not only is it important that children understand the dangers of potential head injury, they

also need to obey the law.

Sun Protection

The warmth of the sun can be harmful to your child if he or she is not adequately protected by sunscreen. The truth is that most of the risk for skin cancer and premature aging of the skin occurs during childhood.

The simple solution is sunscreen. Choose one that includes UVA and UVB protection of 15 or higher. Remember to reapply every two hours and after swimming.

The strongest sun is between the hours of 10 AM and 4 PM, so take some breaks in the shade. Even those individuals that claim not to burn are at risk for skin damage without proper use of sunscreen.

So remember the three S's of summer: Sunscreen, Sunglasses, and Shade.