



Blackwater Field now benefits from a pair of royal blue team benches, thanks to Proctor Academy craftsman Greg Allen. Built with hemlock planking milled by Proctor's forestry department and Land Use Manager Dave Pilla, the benches are a long-hoped-for addition for Andover soccer athletes. Pictured here are AE/MS sixth graders Robyn Boisvert and Britany Underhill patiently waiting their turn for action during the fifth and sixth grade girls game against Sunapee. Greg Allen, in his roll as parent to player Kelsey, is seen refereeing the game. Photo: Alan Hanscom

### Bread from page 36

Bread Baking Program visits middle schools across the country and in the past decade has taught more than 75,000 schoolchildren how to bake bread. Students bake the bread at home with their families, then bring a loaf back to school to be donated to a local food pantry or homeless shelter. Bread baked by AE/MS students will go to the Bread and Roses community kitchen in Franklin.

This year, King Arthur Flour is incorporating whole grains into the demonstration, teaching kids what whole grains are, why they're important in a healthy diet, and how to use them in everyday baking. Each student will also receive bags of both King Arthur All-Purpose Flour and King Arthur 100% Organic White Whole Wheat Flour to help them bake healthy breads at home.

Life Skills Instructor Paula Gray said

she loves teaching children the skill of bread baking – a hands-on way for kids to learn math, science, and cultural traditions all while having fun – and hopes they bring that skill home and share it with loved ones. The program helps involve children with community service, too; “They’re learning the value and the joy of giving something back to the community,” she said.

“Human beings have been baking bread for some 10,000 years,” said King Arthur Flour Board of Trustees Chairman Frank Sands, “but these days, fewer people are baking at home, so the tradition isn’t being handed down. We want to pass on this traditional life skill to the next generation, so they can nourish themselves with healthy home-baked bread for the rest of their lives.”

King Arthur Flour, founded in 1790, is America’s oldest flour company. For more information, visit [KingArthurFlour.com](http://KingArthurFlour.com).

### MVHS from page 36

#### Library Media Center News

We’re in, and we’re up and running! Although we must continue to organize materials, for the most part everything we have is available for students, and our services seem to be operating at nearly 100% capacity.

#### Academic Support Center

The school has a program available to all students called the After-School Academic Support Center. Every Monday, Wednesday, and Thursday from 2:45 to 4 PM, Room 200 turns into a tutoring center. There are two teachers (one English/Social Studies and one Math/Science) who are there to help students with their studies. While we believe that the best source of help is the regular classroom teacher, we know that sometimes schedules do not match up. The Academic Support Center can help ensure that all students meet academic success.

#### Target Cashback

We recently received a check for

\$180.42 from Target as part of their “Take Charge of Education” program. MVHS currently has 181 people who have designated our school as their selection to receive this donation. The process is simple: Use your REDcard every time you check out at Target, and they will send us a check for 1% of the total amount you purchased. If you have a REDcard, go to the Target Web site and make MVHS your designated school. If you have not already enrolled, please consider this as a way to help fund school items outside of taxes. We have earned a total of \$3,526.53 from Target since the start of the program!

#### Community Open House

The Merrimack Valley School Board will host an open house on Sunday, November 18, from 2 to 4 PM. We will be providing tours of the middle and high school buildings in addition to the wood chip heating plant. Mark your calendars and invite your neighbors to come see the new and improved Merrimack Valley campus!

## AE/MS Soccer Team

By Jim Tucker

AE/MS Soccer Coach

The Andover Eagles soccer team had a great season. They finished with a combined record (girls, boys, and co-ed games) of 10 wins and three losses. The team gained confidence with each game, developing a sense of a true team effort in practice and every game.

The team gave maximum effort through the whole season. With team work and excellent effort, boys and girls developed great passing skills. They were able work the ball up the field with great triangle passing.

The defense was shouldered by a group of team members who worked hard to support each other to try to

turn their opponents away from scoring goals.

The offensive end of the field was full of highly-skilled and fast players. The team averaged three goals per game, out-scoring a majority of the teams they faced by two or more goals.

The coaching staff would like to thank a few important people. First is the bus company for always keeping us safe and being flexible with scheduling changes. Second are the parents for being so supportive of their children and making this an enjoyable year. Last, but certainly not least, are the players themselves. They made this year a very special one for the coaches.

Go Eagles!

## Andover One Wheelers Hold Italian Buffet Extravaganza

Lisa Hanscom

Andover One Wheelers

The Andover One Wheelers invite you to a special evening in Italy when they host an Italian Buffet Extravaganza on Saturday, November 3, from 5 to 7 PM at the Andover Elementary/Middle School. The gymnasium will be adorned with a red and white theme as Italian music sets the tone for the buffet. The menu will include Stuffed Shells in Sauce, Spaghetti and Meatballs, Chicken Lasagna in White Sauce, salad, bread, coffee, tea, milk and juice, and Tiramisu or ice cream for dessert.

Adult tickets are \$12 in advance, \$15 at the door; children ages five to 12 are \$5 in advance, \$6 at the door; children under five are free. Tickets can be purchased from any One Wheeler or by calling Michelle Keezer at 735-4021 or Laura Powers at 735-6045. Proceeds from this event will help fund the Traveling Team’s trip to Arizona in February to appear in the Lost Dutchman Days Parade and to visit the Grand Canyon.

Established by Percy Hill in 1991, the Andover One Wheelers have been representing their community and

state throughout New England and beyond for many years. As a recognized Andover School Activity, trips must be approved by the AE/MS Principal and Andover School Board. All team members travel free of charge, but the team is funded solely by performance proceeds, fund raisers, and donations.

Unlike most school teams that have a specific season, the Traveling Team members make a year-round commitment to represent their community. These dedicated students give their time, an average of two weekends per month, to earn their annual trip. They ride between 30 and 50 miles per year in parades and performances in addition to time spent in weekly practices throughout the school year.

In keeping with Mr. Hill’s vision of “Education through commitment and travel,” this year’s trip to Arizona will give team members the opportunity to see firsthand the desert southwest region near the Superstition Mountains, experience a rodeo, visit the Grand Canyon and the Arizona Sonora Desert Museum, and learn the ins and outs of air travel, hotel stays, and shuttle buses.

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