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Fun In Franklin At "Choose Franklin Community Day"

The Fourth Annual Choose Franklin Community Day will be held on Saturday, May 10, rain or shine. The day will be filled with fun events for family and friends.

Lakes Region General Hospital's Healthy Heart for Life Project will kick off the day with a free run and fun walk on the Winnepesaukee River Trail beginning at 8 AM.

At 10 AM, a parade with the theme "Odell Park - 100 Years of Fun" will begin at Franklin High School, heading eastbound through Central Street. This year's parade will include decorated bicycles, doll carriages, and wagons. Area children ages 12 and under may decorate their wheeled vehicles at the Franklin Public Library beginning at 8 AM and join the parade as it passes the library. If children wish to decorate their vehicles at home they should arrive at the library by 9:30 AM.

A street fair from 9 AM to 3 PM will include rides, children's games, craft booths, food vendors, raffles, and sidewalk sales in the city's two parks as well as along the sidewalks in the downtown

area. Many local service organizations will have booth space with information regarding their programs.

Performances will take place both at the Franklin Opera House and at the Franklin Public Library. Ronald MacDonald will perform at the Opera House at noon, and Mr. Phil's Magic Show will take place on the library lawn at 1:30 PM.

Cast members from Franklin Footlight Theater's upcoming production of *Peter Pan* will entertain several times during the day on the Opera House stage. Peter Pan, Wendy, and friends will also mingle with the community throughout the day at the street fair - bring your camera!

The event will also showcase the talents of area youth with performances by students from Dance Inspirations as well as high school and middle school band and chorus members.

If your organization or business would like to participate in the parade or street fair, please contact Marcia Rollins at 934-3108 or mrollins@franklin.k12.nh.us.

Local B&B Inns Offer Enticing Package Deals

Are you trying to figure out what to do with your "Economic Stimulus" refund? Highland Lake Inn, Blue Acorn Inn, Henniker House Bed and Breakfast, and Rosewood Country Inn have an interesting idea. The four independent inns have joined together to encourage local tourism with a get-a-way package that will maximize visitor's vacation dollars.

Their Frugal Yankee Package includes:

- A complimentary third night for the price of a two-night stay
- Complimentary Friday evening *hors d'oeuvres*
- Full homemade country breakfast each morning
- Tickets to Canterbury Shaker Village
- Tickets to The Fells for a tour of the summer cottage, gardens, and nature trails
- \$350 in discounts for tax-free shopping at the Tanger Outlet Center in Tilton
- 10% dinner discount at a local restaurant

The package is offered June 1 through August 31, based on availability. For more info, visit HighlandLakelnn.com.

Mother-Daughter Weekend

East Andover's Highland Lake Inn owner Pecco Beaufays has joined with owners of The Blue Acorn Inn, The Henniker House Bed and Breakfast, and The Rosewood Country Inn to offer a different experiential vacation each month. These tourism opportunities are designed to feature New Hampshire's natural setting and her many local crafts and activities. GraniteStateVacations.com,

the organization formed by the four independent inns, has announced a special Mother-Daughter Weekend promotion on May 2 and 3.

The Mother-Daughter Weekend includes two nights' accommodations, complimentary hors d'oeuvres on Friday evening, a fresh homemade country breakfast both mornings, a choice of workshops on Saturday morning, and a four-course Victorian Afternoon Tea on Saturday at 5 PM. Afternoons are reserved for free time, to enjoy recreation in the area, or tax-free shopping at the nearby Tanger Outlet Center in Tilton.

The Highland Lake Inn, a gentleman's farmhouse located in East Andover, will offer a cooking class featuring Chef Pecco Beaufays and his recipe for *creme brulee*. In addition, Marsha Siegel from Country Spun Treasures Quilt Shop will hold a demonstration on quilting and wool projects, including spinning yarn into wool, dyeing wool, and - weather permitting - a sheep herding demonstration.

The culmination of the weekend is a four-course Victorian Tea on Saturday evening at 5 PM at the award-winning Rosewood Country Inn in Bradford. A prize will be awarded for the best hat worn to the Tea.

There is a minimum two-night stay at any of the participating inns. Regular room rates apply, plus an additional \$39 per person to participate in the Mother-Daughter Weekend events. Daily room rates start at \$145 at the Highland Lake Inn. For more information, visit HighlandLakelnn.com.

Take Care OF YOUR Heart



Heart disease is the #1 killer of women in the U.S.

According to the American Heart Association, cardiovascular disease, including stroke, kills more than 500,000 women each year—that's more than the next seven causes of death combined.

Take care of your heart. Call the Women's Health Network at LRGHealthcare at 527-7019 today to learn how we can help you maintain a healthy heart for a healthy life.

www.lrhg.org

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