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All members, ministers
John J. Wagner, Pastor
735-5160

Sunday morning worship at 9:30 AM,
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Childcare provided.

Plant & Bake Sale

on Saturday, May 10, from 9 AM to noon at the Grange Hall

Come as you are! All are welcome!



VNA New CEO Named

Scott Fabry, RN, MBA, has been selected President and CEO of Lake Sunapee Region VNA & HOSPICE.

Currently the Clinical Director at Lake Sunapee Region VNA & HOSPICE, Fabry received his nursing degree from Castleton State College and his Master of Business Administration in Health Practice Management from Franklin Pierce College.

Fabry is well known to the VNA, having been one of the agency's RN Case Managers from 2001 – 2004. He also brings extensive hospital-based experience. Fabry served as Clinical Resource Coordinator and Continuing Care Manager at Dartmouth Hitchcock Medical Center, and held positions at Norwalk Hospital and Hospital of St. Raphael.

Fabry also brings a strong business background, having served as Assistant Vice President at The Bank of New Haven and Green Mountain Bank.

"In 1993, I chose to leave the banking business to pursue a career in nursing. I don't think I fully realized that it then, but my decision was based on a desire to develop meaningful relationships and have a positive impact on the lives of others. I can honestly say that home health care in general, and Lake Sunapee Region VNA & HOSPICE in particular, have provided me the opportunity to realize my dreams to a degree that I have found nowhere else. I am honored to have been selected" says Fabry.



Lake Sunapee Region VNA & HOSPICE

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Relay For Life To Raise Funds For Cancer Research

By Christine Nelson

Kearsarge/Lake Sunapee Relay For Life

Relay For Life is a fun-filled overnight event designed to celebrate survivorship, raise money for research, prevention, and education, and for the programs of the American Cancer Society. During the event, teams of people gather at schools, fairgrounds, or parks and take turns walking or running laps. Each team tries to keep at least one team member on the track at all times. Here in New Hampshire, 20 such events are held annually.

Locally, the Kearsarge/Lake Sunapee (KLS) Relay For Life event is held every year on the first full weekend in June, starting this year on Friday, June 6, at 6 PM and ending on Saturday, June 7, at noon. "The KLS," at it is affectionately known, is an 18 hour event. This year there are currently 25 teams fundraising for the ninth annual Cancer Society signature fundraising event.

The History of the event started with one man making a difference. That man was Dr. Gordy Klatt of Tacoma, Washington, a colorectal surgeon who wanted to raise funds for the local American Cancer Society office. He enjoyed running marathons, so in May 1985 he spent a grueling 24 hours circling the track at Baker Stadium at the University of Puget Sound for more than 83 miles.

Throughout the night, friends paid \$25 to run or walk 30 minutes with him. That first year, nearly 300 of Dr. Klatt's friends, family and patients watched him as he ran and walked that course. He raised \$27,000 to fight cancer.

While he circled the track those 24 hours, he thought about how others could take part. He envisioned a 24-hour team relay event that could raise more money to fight cancer. Months later he pulled together a small committee to plan the first team relay event, known as the City of Destiny Classic 24 Hour Run Against Cancer.

In 1986, 19 teams took part in the first team relay event and raised \$33,000. An indescribable spirit prevailed at the track and in the tents that dotted the infield.

The KLS is an 18 hour event with the theme "Celebrate. Remember. Fight Back." Each hour of the event has an assigned costume suggestion, fun games, and various ceremonies.

Survivors of all ages are honored with a Survivor Reception from 5 to 6 PM on Friday. Walk-ins are welcome!

The opening ceremony at 6 PM on Friday evening commences with honoring our country. Presentation of flags is done by Boy Scout Troop 71, followed by the Pledge of Allegiance.

The very first lap is to honor our sur-

vivors. The Survivor Lap signifies the beginning of the Relay. As they walk or ride in one of our golf carts borrowed for the event, teams line the track at their campsites and give them a standing ovation. Caregivers are then asked to join their survivors and continue to walk. New this year is the Kids Kick Cancer lap.

The most moving ceremony of all is the Luminaria Ceremony. At 9 PM luminaria bags sold by team members, decorated in honor of or in memory of loved ones, line the outside of the track. They are filled with sand and a candle by the Boy Scouts and lit while the lights on the track are turned down. There is no way to describe the inner warmth the glow of each bag, bought and decorated with a special person in mind, imparts. You have to feel it for yourself.

Continuing the fun, we throw in pizza by the slice for 50 cents, and the laps jump into high gear, such as the Wild Wild West theme this year with a live performance by country singer Shelby Rogers. Then it's "straight on 'til dawn" with Halloween Lap as each team hands out candy. Mardi Gras, circus, you name it – it's a lap!

Starting in the wee hours of the morning, it's the Poker Lap – walk a lap, get a playing card, and whoever has the best hand wins a prize!

The ever-popular Scavenger Hunt starts at 2 AM and runs until 4 AM. Early morning laps are supported with fresh breakfast foods cooked up by the Sunapee Lions Club. There is free massage for walkers and games for the children as the sun comes up.

The importance of fighting cancer not only by personal fundraising but through legislation starts with our Fight Back Ceremony with Senator Bob Odell speaking about the Cancer Plan.

As the Relay comes to a close, trophies are awarded starting on Saturday at 11 AM for Best Campsite, Top Team Fundraising for teams with 15 and under members, as well as separate trophies for teams with over 15 members. Our individual fundraisers are awarded their trophies, and our sponsors are again thanked for their support.

This year Lake Sunapee Bank, Mount Sunapee Resort, and Floorcraft were our Silver Sponsors with \$1,000 each! We are happy to report that monies raised in New England stay in New England, with 83 cents of every dollar we raise making a difference right here in our state for prevention, research, advocacy, and programs!

Fundraising doesn't end there. Cancer doesn't end there. If you would like to contribute to fighting this disease, contact Christine Nelson, KLS Chair, at 927-4051 or chrisbudnelson@yahoo.com. For more info visit TinyURL.com/64xy2r..