

Lunch For Two with Jeanne Shaheen

Andover Democrats are raffling lunch for two with former NH governor and current US Senate candidate Jeanne Shaheen. The drawing will be held on Election Day in November.

Donations are \$5 each or \$20 for five. Tickets available at Lake Farm Realty, Highland Lake Apple Farm, or at the Old Time Fair in Potter Place.

Andover Service Club Thrift Shop

Fall and winter clothing for the whole family

We are located behind the Andover Town Hall and welcome your donations, your consignments, and you!

Our Hours

Tuesday 10 a.m. - 2 p.m.
Wednesday 3 - 7 p.m.
Thursday 10 a.m. - 4 p.m.
Saturday 10 a.m. - 2 p.m.

Beacon To Publish Andover Non-Profits' Wish Lists

By Heather Makechnie
Beacon staff

The *Beacon* wishes to extend to you and yours a Merry Christmas.

"What?" you say. "In October?"

Well, yes, because now is the time for Andover's non-profits and organizations to bring up this question in their monthly meetings: "What would we like for Christmas?"

Please send in your wish list to *The Andover Beacon* to be published in the December issue. Let Andover residents and businesses know what it is that could make your organization better able to meet its mission during the rest of the year.

Could you serve the people of

Andover better if you had a computer? Several sets of fireproof clothing? Does your outing club need a well-stocked first aid kit? Would more kids get to participate if you had a supply of skates? Has the coffee pot simply ceased working? Do you cringe every time you need ink for the printer? If you had a freezer full of venison, could you put on a hunters breakfast? Do you need more items for the Chinese auction?

Remember, Santa has deep pockets and lots of elves. Don't be shy. You've been good, right?

Due date for submissions is November 15. Please e-mail your wish list to Articles@AndoverBeacon.com.

Clip & Save

The Practical Nutritionist Fall Classes & Discussions

A Whole-Foods Thanksgiving

Making a whole-foods, Thanksgiving-style meal including stuffed squash, corn bread, autumn vegetables, and rice stuffing.

Discussion - History of Food and its Social and Economic Impact:

Wed., Oct. 22 • 7 to 8 PM • Blue Skies Whole Foods, Bristol • FREE

Class: Sat., Oct. 25 • 10 AM to noon • Danbury • \$25

Alternatives to Refined Sugar & Sweeteners

Come and make your own sugar-free and reduced-sugar pies. Just in time for the holidays!

Discussion: Wed., Nov. 12 • 7 to 8 PM • Blue Skies Whole Foods, Bristol • FREE

Class: Sat., Nov. 15 • 10 AM to noon • Danbury • \$25

768-3214 • PracticalNutrition@gmail.com • PNutritionist.com

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Andover Democrats

By Robin Boynton
Andover Democrats

Andover Democrats at their September meeting debriefed the August Picnic held at Elbow Pond, strategized ways to promote the sale of *Lunch With Jeanne Shaheen* raffle tickets, and briefly dis-

cussed the possibility of hosting a "Meet the Candidates" night in late October.

All registered Democrats in Andover form a committee-of-the-whole, and all are urged to attend the monthly meetings. The next will be Thursday, October 9, at 7:30 PM in the Town Hall.

New Hampshire Circle Of Home And Family

By Judy Perreault
NH Circle of Home and Family

After the short summer – or as I like to refer to it, the Rainy Season – the Halcyon Seekers met at the home of Rose Tilton for the program Microwave Magic. It was our favorite kind of meeting: a food one.

The program was designed to show you how quick and easy it is to prepare a meal in the microwave. Also it contained some information on types of microwaves, how to clean them, safe containers for reheating, and defrosting techniques.

Pat Fleury and Rose picked out a menu and purchased the food, and when we arrived we broke up into teams and made the various courses.

We started with stuffed mushrooms. Oh, were they good! Then came the mushroom soup. Very tasty.

The main course was two types of meatloaf. One was beef, the other deer meat (thanks to Roger Tilton's hunting skills) and vegetable trio. Both dishes were delicious.

The final course was berry cobbler with whipped cream. Just thinking about it makes my mouth water.

We had a lot of fun preparing the recipes. Some ingredients didn't get in in the right order, but everything turned out alright. With nine cooks in the kitchen, space was a little tight at times.

Luckily Rose had two microwaves, and as we were eating one course, another was cooking. This was definitely not a case of "too many cooks spoil the broth."

At our next meeting we will be planning our programs for next year. If you are interested in joining our group, please call 735-5493.



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 - Franklin Regional Hospital 934-2060
 - Lakes Region OB/GYN 524-9197
 - Laconia Clinic 524-5151
- Day and Evening Appointments



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