Andover Academy of Self Defense held testing for three students on Saturday, April 10. Jacob MacDuffie advanced to Brown Belt, Hayley Heath advanced to Green Belt, and Eleni Souliotis advanced to Orange Belt. The students worked hard and put in a great day of testing. L-r: Jacob MacDuffie, Head Master David Stepp, Hayley Heath, Eleni Souliotis.

Photo and caption: Heidi Terwilliger

Blue Storm Football Sign-Ups Coming In June

Blue Storm press release

Our 2010 Spring Lacrosse program is now underway, with our first games which took place on April 11. Blue Storm has four lacrosse teams made up of U-9 (under nine years old), U-11, U-13, and U-15 players from the Merrimack Valley area.

We will be having home games coming up on Sundays, May 2, May 9, May 16, and June 6. Our home field is located behind the Penacook Elementary School. We invite everyone to come out and watch some exciting lacrosse games and support our local youth players.

Blue Storm will also be having concessions at our home games. For more information please visit our Web site at BlueStormSports.com.

On Saturday, May 15, Blue Storm will be holding a car wash at Arnie's Ice Cream in Concord from 9 AM to 2 PM. There is no set price to have your vehicle washed, but we will accept any amount as a donation.

In June, Blue Storm will be holding signups for Fall Football and for Cheerleading. These programs are for boys and girls in grades three through seven. Watch for our Blue Storm flyers with more details which will be distributed at school and around the Merrimack Valley community.

For more information about Blue Storm Sports, contact Donna Newcomb at 496-6300.

Andover Horseshoe Club

By Lorna Green
Andover Horseshoe Club

Opening night for Andover Horseshoe Club is Thursday, May 6. Signups will take place before 7 PM and playing will start at 7 PM. There is a $15 charge to help defray the cost for the season (electricity, paint, etc.) and $5 to play each night, which goes back to the players who win.

The horseshoe pits are located on Monticello Drive. If you have any questions, please contact Norm Green at 768-3262 or e-mail Lonna Green at Lonna36@wildblue.net.

Black Fly Blitz 5K

WCA press release

Preparations are under way for the 6th Annual Black Fly Blitz in Wilmot. What started in 2005 as a small fundraiser for the Wilmot Community Association (WCA) Barn has become a well-known community event which draws people from all over New England and beyond. This year's Black Fly Blitz will be held on Memorial Day, Monday, May 31, at 10 AM, followed by a day of celebration for the entire community.

The five-kilometer course (3.1 miles) takes racers on a scenic loop through the charming village of Wilmot and ends at the bandstand on the Wilmot Green. The course has been covered in just over 15 minutes by top competitive runners and by causal walkers in a little over an hour. Drawing support from all over New England, with runners from as far away as Indiana and Virginia, this year's race is expected to bring over 200 people to the small town. The first 150 registrants will receive free race t-shirts, and all racers will receive food vouchers for the afternoon celebration!

The race will be followed by a celebration on the Wilmot Green, including food and ice cream, music, an inflatable Bounce House, race awards and medals, and a huge raffle with prizes from local businesses. The raffle includes prizes from Artisan's, Vessels & Jewels, OMG Boutique, the Art of Nature, Common Man Restaurant, Wingdoodle, Go Wireless, Flash Photo, and many more! Available foods will include hamburgers, hot dogs, pizzas, and an amazing assortment of ice creams and popsicles.

For more information about the Black Fly Blitz, the WCA, and other community programs, please visit WilmotCommunityAssoc.com. Racer registration is encouraged ahead of time (as you will be guaranteed a free race t-shirt) and is available online at SignMeUp.com/69250, or via the printable forms on the WCA Web site. If you would like to become a race sponsor or volunteer, please contact Amber Gest Palumbo at 781-363-6409 or AmberGest@gmail.com.

Andover Academy of Self Defense

Come check out a FREE class!

Little Tigers (from age 4)	Mon/Wed 5:30 - 6:00 PM
Tigers (beginners)	Mon/Wed 6:00 - 7:00 PM
Dragons (advanced)	Tue/Thu 6:00 - 7:00 PM
All Kids	Saturday 11:00 AM - 12:00 PM
Adults	Mon/Wed 11:30 AM - 12:30 PM 7:00 - 8:00 PM

David Stepp • 735-4211 • 157 Main Street

New London Chiropractic Center, PLLC

Dr. Olivia Powers Weathers

71 Pleasant St.

Offering holistic and comprehensive care

Accommodating hours—both early morning and evening available

526-NLCC

526-6522