

# Making Strides Against Breast Cancer - Sunday, October 17



Two of the Andover teams at last year's Making Strides event in Concord: Sarah's Soldiers (l) and Heidi's Fight For A Cure.

## Making Strides press release

The chance of a woman having invasive breast cancer sometime in her lifetime is about one in eight. We invite you to participate in the American Cancer Society's Making Strides Against Breast Cancer on Sunday, October 17, because every statistic is someone's best friend. You can also join one of the Andover teams:

- French's Feisty Fighters
- Heidi's Fight for a Cure
- Hope's Marvelous Mammograms
- Just for Jill, and Judy, Too!
- Proctor Academy
- Sarah's Soldiers
- Tucker's Treasurer Chest

Funds raised at Making Strides go for critical research, early detection programs, advocacy, and patient services of the American Cancer Society. These services are available for our friends right here in our community.

The Volunteer Planning Committee kicked off the Making Strides fundraising season on August 19 at the Red River Theatres in Concord. Over 130 team captains, volunteers, and sponsors attended the informative and inspirational program.

Attendees were rewarded for attending this early-morning kickoff with the debut of this year's inspiration video, produced by Fred Keach of D. McLeod's Florist and his son, Sam. The video captures the spirit of Making Strides Against Breast Cancer. Fred encouraged everyone to share and use the video to encourage people to engage with Making Strides Against Breast Cancer. The video can be viewed at [YouTube.com/watch?v=nxwhJ9Bi6vs](http://YouTube.com/watch?v=nxwhJ9Bi6vs) and will also be airing on Andover's Channel 8 later this month.

This year's video is set to the music *One Friend* from jazz great, Keb' Mo'. The song's lyrics, "All I need is one friend to get me through the day / One friend that never goes away / Only one friend to understand and never let me down" really emphasizes the fact that by participating in Making Strides Against Breast cancer, you really can be that one friend who makes a difference in the life of someone facing breast cancer.

Guest inspirational speaker Linda Spinella spoke to the audience about that one friend or one action that is like a pebble being dropped into a pond,

making ripples that are far reaching.

Sometimes our actions have an impact that we are unaware of. Linda shared with us her experience at a Making Strides event six years ago. This Making Strides Against Breast Cancer was different for her: She had been recently diagnosed with breast cancer and was feeling overwhelmed. She was still wearing her bandages from her surgery and awaiting some of the test results.

She stood on the field, holding hands with her husband on one side and her mom on the other, crying. She was unable to speak; she walked the five miles in silence. As she crossed the finish line, a young man that she had coached in soccer was in the stands, and he yelled, "Way to go, Mrs. Spinella!" This one action touched her deeply, and she smiled.

## Make A Difference!

For information on how you can make a difference, visit [Cancer.org/StridesOnline](http://Cancer.org/StridesOnline). Gather your friends and form a team. Teams are at least 10 people who each commit to raising a minimum of \$75 each. Team members will receive a long-sleeve Making Strides t-shirt with their team name on the back. (T-shirt ordering deadline is September 15.)

For a team package, e-mail [Teams@ConcordStrides.com](mailto:Teams@ConcordStrides.com), or call 738-4404. Join us on Facebook at [Facebook.com/MSABC.Concord](http://Facebook.com/MSABC.Concord).

Embrace the gifts of our community. Commit to walking this journey together. Making Strides Against Breast Cancer is an event that kindles a community spirit as strong and as boundless as the people it honors.

## ANDOVER RESIDENTS – SHARE YOUR "MAKING STRIDES" STORY!

If the American Cancer Society's Making Strides Against Breast Cancer project means something special to you, please share your story with the *Beacon* at [Articles@AndoverBeacon.com](mailto:Articles@AndoverBeacon.com) by Tuesday, October 19, so we can include it in the November issue. We hope to have many inspiring stories and many photos from the October 17 event.

## Exhibit from page 22

Andover, include Lew Allison, Jay Boynton, Bob Bussey, Madeline Cryan, Larry Chase, Rick Libbey, Patrice Martin, Marty McAuliff, Ethney McMahon, and Chuck Will.

In addition to participants' work, also on display will be a selection of photos from the library's Frank Poblentz collection of historical photos; copies of the Andover Historical Society's 2011 calendar, which features photographs of early Andover schools; and books about photography and photographers from library holdings.

"We're delighted to host this exhibit,"

said library trustee Diane Rice. "We're hoping that with sufficient community interest and support it can become an annual event – one that showcases a different mix of local talent each year.

"We're also proud of the community resources our libraries provide, and are hoping through events like these to introduce more local residents to them," she continued.

Exhibit hours will coincide with normal Bachelder Library hours: Tuesdays, 9 AM to 12:30 PM and 6:30 to 8:30 PM; Thursdays, 6:30 to 8:30 PM; and Fridays, 1:30 to 5 PM. The library is located on Chase Hill Road in East Andover.



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**Let's Make Strides Against Breast Cancer**  
**Sunday, October 17, 2010**

**1:00 pm, Memorial Field, Concord, NH**

Capitol Alarm Systems  
is a proud sponsor of the 2010  
**Making Strides**  
**Against Breast Cancer**  
walk in Concord.

To join Sarah's Soldiers, contact:  
Kimberly Laro at 848-3391 or  
[ConcordStrides@comcast.net](mailto:ConcordStrides@comcast.net)



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