Mark Your Calendar

TRIP

22 Canal St, Franklin
934-4151

On-Going Events

Line Dancing
Mondays and Fridays

Chair Exercises
Tuesdays and Thursdays, 10 AM

Bingo
Tuesdays and Thursdays, 12:15 PM

Yoga
Wednesdays, 10 AM
$7 per session. Enroll: 934-4151.

Senior Walking Club
Wednesdays, 10:30 to 11:15 AM
Meet at TRIP Center, walk at Odell Park

Cafe Bienvenue
Fridays, 11 AM to noon
Buffet-style brunch. Reservations suggested. $2 seniors. $6 under 60. All welcome.

Scheduled Events

Apple Picking
Wed, Sep 8, 10 AM
Surowiec Farm in Sanbornton
Also, a small gift shop with homemade pies and more. A suggested donation of $2 for transportation.

Apple Dessert Contest
Thu, Sep 9, 10:30 AM
Bring your best apple dessert. Prizes for best Pie, Cake, Crisp, and Miscellaneous apple dish. Ice cream and whipped topping provided.

Multiple Chemical Sensitivity
Thu, Sep 9, 11 AM
Dealing with allergies to auto emissions, perfumes, detergent, dryer sheets, and more.

Grandparents' Day Luncheon
Thu, Sep 9, 11:30 AM
Luncheon for grandparents and their grandchildren. If your grandchildren can't join you, bring a picture of them to share. $2 donation for seniors, $6 for others.

Bus to Concord
Mon, Sep 13, 9 AM
Go bowling, shopping, to an appointment, whatever. $2 donation requested. Sign up: 934-4151.

Long Term Care Support and Medicare Counseling
Thu, Sep 16, 10:30 AM
ServiceLink Resource Center
Wayne Blanchard available for one-on-one appointment.

ServiceLink Advice
Tue, Sep 21, 9 AM to 11 AM
Anita Oelfke will explain ServiceLink.

Blood Pressure Testing
Tue, Sep 21, 10:30 AM
Provided by Franklin VNA.

Dinner at the Garden Oasis
Wed, Sep 22, 4 PM
Belmont
A new restaurant. Transportation is $2. Dinner is your responsibility. Sign up: 934-4151.

Open House: National Senior Center Week
Thu, Sep 23, 9:30 AM to 3 PM
9:30 Tour the Center; 10 Recognition Ceremony; 11:30 Luncheon; 12:15 Special Entertainment.

Mystery Luncheon
Mon, Sep 27, 11 AM
Transportation is $2; lunch is your responsibility. Sign up: 934-4151

CHAPIN SENIOR CENTER

37 Pleasant St, New London
526-6368

On-Going Events

Walking at Proctor
Weekdays, 8:30 AM to 10 AM
Proctor Gym
Wear clean sneakers.

Tom & Tom's Men's Discussion Group
Mondays, 8:45 AM
Visit over an endless cup of coffee.

In Stitches Craft Group
Mondays, 10 AM

Chair Exercises
Mondays and Fridays, 10:15 AM
Low-impact, easy, effective exercise

Duplicate Bridge
Mondays, 1 PM
Bidding boxes

Poker
Tuesdays, 2 PM

Walking for Seniors
Tuesdays and Thursdays, 3:30 PM to 4:30 PM
New London Outing Club
$2 fee

Duplicate Bridge
Wednesdays, 9:30 AM

Choose Life – Regardless
1st and 3rd Wednesdays, 1 PM to 2:15 PM
Lively discussion. Call to register.

Hand and Foot Card Game
Wednesdays, 1 PM
A fun and simple card game

Tai Chi
Wednesdays, 2:30 PM
New London Presbyterian Church

Contract Bridge
Thursdays, 9:30 AM

Genealogy Workshop
2nd and 4th Thursdays, 10 AM to noon
Receive assistance with your genealogical research.

Bicycle Group
Thursdays, 10 AM
Location and time vary. Call 526-6368 for details.

Dominoes
Thursdays, 1 PM

Scrabble
Fridays, 1 PM

Kayaking
Fridays
Location and time vary. Call 526-6368 for details.

Scheduled Events

Blood Pressure Clinic
Fri, Sep 3, 10:30 to 11:30 AM

Foot Care Clinic
Fri, Sep 3, 12:30 PM to 3:30 PM
$20 ($25 for diabetics with doctor's order). Call for appointment.

Parkinson Support Group
Tue, Sep 7, 1 PM

Book Discussion Series: Yankee Crime
Fri, Sep 10, 8:30 AM to 10 AM
Primary Storm by Howard Mosher. Books may be picked up at Chapin Center. Call to register.

Long-Term Care Planning
Fri, Sep 10, 10:30 AM
Learn about your options for long-term care with Wayne Blanchard from ServiceLink. Call to register.

Computer Questions Open Forum
Sat, Sep 11, 9 AM
Bring your computer questions for Laura Thompson. Call to register.

Breakfast Club Book Discussion
Tue, Sep 14, 9:30 AM
Shadow Drivers by Robert Kurson. Pick up book at Tracy Library.

Questions About Medicare
Tue, Sep 14, 1 PM to 3 PM
Anita Oelfke will answer your Medicare questions. Call 526-6368 to register.

Book Discussion Series: Yankee Crime
Fri, Sep 24, 8:30 AM to 10 AM
Bellows Falls by Archer Mayer. Books may be picked up at Chapin Center. Call to register.

Conversations with Lunch
Mon, Sep 27, noon, First Baptist Church, New London
John Harrigan, *Woods, Water, and Wildlife*. John has been a columnist for the *Union Leader* for 32 years.. Call before Sep 22 to sign up.

Book Discussion Series: Yankee Crime
Fri, Oct 8, 8:30 AM to 10 AM
Flashpoint by Linda Barnes. Books may be picked up at Chapin Center. Call to register.

Got News? Mail@AndoverBeacon.com or PO Box 149 or 735-6099

Pick Your Own Apples

The orchard will be open Sept 23rd- Oct 31st

McIntosh • Liberty
Freedom
Golden Delicious
Jon-a-Red
Cortland

Honey Products
Vinegar

Highland Lake Apple Farm
50 Maple Street, off Rte 11
East Andover NH 03231
603 735-5058

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