

Danbury Grange Kicks Off Winter Markets On November 6

By Mary Fanelli

Danbury Blazing Star Grange #71

November 6 marks the start of another season of Winter Markets for Blazing Star Grange #71 in Danbury. All markets open at 9 AM with breakfast, and lunch is served until closing at 1 PM. Last year's markets were so successful that many vendors are on already on board for this coming winter.

A Chicken Pot Pie Supper will be held that same day from 5 to 6:30 PM with cranberry sauce, fresh baked rolls, homegrown winter squash, and homemade apple crisp. The cost is \$8 per adult; \$4 for children under 12; and children under 3 are free. All food is fresh and cooked on premises.

Winter Markets provide an indoor venue for local farmers and craftspeople who raise their own produce or make and sell handcrafted items. By supporting these vendors, customers acknowledge the importance of sustainability economics – where organic, cultural, and monetary aspects of marketing are integrated.

The November 6 Harvest Market will be followed by five other markets, including the December 4 Craft Fair. All events take place in the Danbury Grange Hall across from the firehouse on the first Saturday of each month through April.

Breakfast is served from opening

time, 9 AM, until lunch is served from 11:30 PM to closing at 1 PM. Meals feature farm fresh eggs and homemade soups and casseroles and are accompanied by hot coffee and cold drinks.

Among vendors returning this season are: Cutting Farm, a small, diversified, naturally managed family farm owned by Susan and Keith Cutting; Marjorie Gorman, with her hand-fashioned sewn, knitted, and crocheted items; and Steele's Ts, featuring hand-screened original design T-shirts.

Two Mountain Farm in Andover makes a one-time appearance at the Harvest Market with end-of-the-season vegetables and dried flowers, and a new vendor this year, Teresa Triggs of New England Soap House, offers handmade cold-pressed soaps.

Phyllis Rockwell of Newfound Farm Wool Works, a popular vendor who fashions handbags and clothing out of recycled wool, is a supporting sponsor of the markets. She invites customers to bring their raw wool to her to be processed or their unwanted knitted items for reuse.

Delicious homemade breads and pastries by Phil and Donna Sprague of Huntoon Farm in Danbury are always a hit. They also have their own farm-raised beef. Autumn Harvest Farm will again offer vegetables, jams, pickles, bread, and quilts.

There are still openings for vendors. Call Donna Sprague at 768-5579.

Santa's Workshop Comes To The Fells In Newbury

The Fells press release

The historic architecture at The Fells, 456 Route 103A in Newbury, becomes the perfect setting for this biennial holiday fundraising event. The Main House will be delightfully trimmed for the season and open for touring from 10 AM to 3 PM on Saturday and Sunday, November 6 and 7, as well as November 13 and 14.

The theme this year is Santa's Workshop, with talented area decorators transforming every nook and cranny. Santa's elves have been busy gathering toys to fill each room with wonder, from scooters, cycles, and trains; to Ken, Barbie, and Skipper; to vintage,

contemporary, and high technology.

Get inspired by the lavishly decorated trees and the fireside stockings overflowing with treats. Be sure to visit the Holiday Boutique brimming with holiday items and handcrafted local artisan wares.

The cost is \$20 for adults and \$5 for children. \$15 advanced tickets are available online at TheFells.org or at The Fells, Newbury; at Bayberry Barn, Morgan Hill Bookstore, and the New London Information Booth, New London; at Main Street BookEnds, Warner. Private group tours are available. For more information call The Fells at 763-4789 x3, or visit TheFells.org.

Lake Sunapee Region Visiting Nurse & Hospice

LSRVNA press release

One of the most vital programs of the Lake Sunapee Region VNA and Hospice is its certified Hospice Program, a comprehensive, holistic program dedicated to making each person's final journey what they want it to be.

Hospice care emphasizes comfort, independence, and quality of life. A skilled and compassionate interdisciplinary team of caregivers manages the physical, spiritual, and emotional needs of hospice patients and their families at end of life. The program also provides bereavement support for 14 months after the patient's death to help family and friends cope with normal yet difficult phases of loss.

Ten important things to understand about hospice care:

- Hospice is for persons of any age, newborns to the elderly
- Hospice does not mean giving up all medical treatment
- Hospice is affordable for most people through Medicare and other insurances
- Hospice is not only for the last few days of life; it can be provided for six months or more
- Hospice focuses on how you live,

helping each person find comfort and joy in every day

- Hospice care supports not only the patient but also his or her entire family

Hospice care is given in any setting: private home, nursing home, or hospital

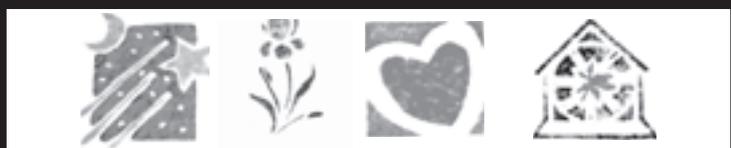
- Hospice does not require you to change doctors

- Hospice teams are on call 24/7
- Hospice is a program of Lake Sunapee Region VNA and Hospice, not a separate organization

Hospice services include:

- Skilled Nursing
- Physical, Occupational, and Speech Therapy
- Massage Therapy
- Comfort and Pain Management
- Medical Social Workers
- Spiritual Care Providers
- Registered Dieticians
- Home Care Aides
- Homemakers
- Trained Volunteers
- Support Groups
- Bereavement Professionals
- Physician Support

For more information, visit LakeSunapeeVNA.org, or call 526-4077.



VNA | 2010 Hospice Month Events

Time of Remembrance:

A time to remember and celebrate the lives of loved ones. All are welcome.

Saturday, November 13 • 11:00 am
Tracy Memorial Library*, New London

*This event is not sponsored by Tracy Library.

22nd Annual Hospice Benefit Dinner:

An elegant evening in support of Hospice Care.

Wednesday, November 17 • 6:00 pm
Millstone Restaurant, New London

\$50.00 per person (includes hors-d'oeuvres & complimentary cocktail)

RSVP by November 12th

Craft Fair:

Crafters, raffles, food, entertainment... all to benefit Hospice.

Saturday, November 20 • 9:00 am – 2:00 pm
Kearsarge Community Presbyterian Church
New London

Contact Cathy Raymond or Meg Ames for details.

603.526.4077



Lake Sunapee Region VNA & HOSPICE

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