

## Reverend Karen Heavey Heads Twin Rivers Food Pantry

### Steps up as Esther Cain retires

**Press release**

Reverend Karen Heavey of Danbury has been appointed to the position of Managing Director of the Twin Rivers Interfaith Food Pantry, located at “the little brown church” (St Jude’s Episcopal Church) on Central Street in Franklin. “Reverend Karen” began her duties on February 5.

As Managing Director of the pantry, Karen will oversee an eight-town area – Danbury, Andover, Hill, Franklin, Salisbury, Tilton, Northfield, and Sanbornton – with a population near 30,000. During 2015, the pantry provided 277,449 meals to the food-insecure in that footprint.

Karen takes the helm at the retirement of Esther Cain, who served in that capacity for over 10 years. Esther and

her husband Phil are moving to South Carolina at the end of February. We will “miss her bright eyes and sweet smile.”



For more information, contact Heather Makechnie, Board President, at 738-4002.

## Alicia Barry Earns Academic Honors

### President’s List for a perfect 4.0 average!

Alicia Barry of Andover, a 2015 Proctor graduate, received this letter from the Dean of the University of South Carolina’s Arnold School of Public Health, where she is studying:

“Congratulations for making both University of South Carolina’s President’s List and the Arnold School’s Dean’s List in recognition of your excellent performance during the 2015

fall semester.

“To be eligible for the President’s List, students must be enrolled in a minimum of 12 credit hours and earn a grade point average of 4.0 out of 4.0. You have achieved quite an accomplishment!

“This level of academic success requires hard work, dedication, and determination. You are an inspiration to us all. May you have continued success in your studies and in your future career in public health.”

## Andover Congregational Church, March 2016

### “Save the Grange” kicks off March 26

**Press release**

March is a very busy month for the church with the Holy Season of Lent and Easter approaching. Each Wednesday at noon during Lent, the church will be open for all to join us for a 30-minute Lenten service of devotional prayer with Holy Communion.

Palm Sunday will be celebrated at our Church service at 9:30 AM on March 20 beginning with a children’s processional with palms.

On Maundy Thursday of Holy Week (March 24), we will be holding once again a Christian Passover Seder service which ties the events of the Jewish Passover with that of the Last Supper of Jesus with his disciples. This service includes a pot luck meal together in the Highland Lake Grange Hall; everything begins at 6 PM.

Our Good Friday observance on March 25 will be at 7 PM at the Church with the traditional Tenebrae Service of readings, hymns, and candles, depicting the approaching darkness when Jesus is betrayed, falsely accused, crucified, dead, and buried.

Easter Sunday (or Resurrection Sunday) on March 27 begins with a Sunrise Service held at 6:30 AM outside the former John Graves homestead on Maple Street in East Andover. (Dress warmly!) This will be followed by breakfast held at the Grange Hall from approximately 7 to 8 AM. The breakfast is for everybody, regardless of whether they

attend the Sunrise Service. There is no charge.

Our regular Easter service is a beautiful service beginning at 9:30 AM, including special music. Do join us for any or all of these services. For further information, call the Church office at 735-5160.

**Save the Grange Hall**

A “Save the Grange” fundraising campaign is underway, directed by Donna Thompson. This will kick off with a Rummage Sale on Saturday, March 26, from 8:30 AM until 2 PM. There will be items available at \$3 per bag (we will supply the bags), and a bake sale in the Highland Lake Grange Hall in East Andover.

A Church cookbook is being planned and will be available for sale in the not-too-distant future.

Tax deductible donations are very welcomed at any time. Please make out your check to Andover Congregational Church with “Save the Grange” in the memo section of the check and mail it to ACC, PO Box 211, East Andover NH 03231.

We assist food pantries with donations of food and eggs (Twin Rivers in Franklin and those in Andover and Danbury), and our Deacon’s Fund is available for emergency needs in our community. A big “thank you” to all who help in these missions.

Our regular worship services are held at 9:30 AM. Sunday School is also at the same time. We would love to have you join us in worship or Sunday School.

## Breast Cancer Support Group Meets in March and April

Monday, March 7 and Monday, April 4

**Press release**

The LRGHealthcare Breast Cancer and Beyond Support Gathering did not meet in February. However, they hope to see you in March and/or April.

Join them Monday, March 7, from

4:30 to 6 PM in the Tanger Suite (the new home of Women’s Imaging and Breast Health Services) located through the front lobby at Lakes Region General Hospital (LRGH). Light refreshments will be available.

Then, return to the Tanger Suite at LRGH on Monday, April 4, from 4:30 to 6 PM, where special guests Kathryn Cranford, a licensed naturopathic doctor, and Sandra Adams Cranford, a breast cancer survivor, retired DVS, and reiki practitioner, will join the group to talk about healthy eating, exercise, and other interesting topics.

RSVP is appreciated, but not required, for the Breast Cancer and Beyond Support Program. For more information, please contact Ginny Witkin at 527-2940 or VWitkin@LRGH.org.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.

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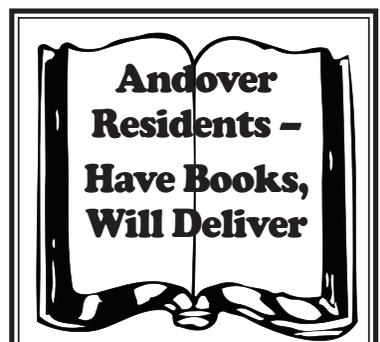


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