

## Franklin VNA to Offer Drop-In Bereavement Support

Second Mondays From Feb 13 to July 10

### Press release

Franklin VNA & Hospice will be offering drop-in bereavement support on the second Monday of the month, from February 13 through July 10. The purpose of this program is to offer grieving individuals an informal, caring environment in which to discuss their loss and grief among people who can empathize with their emotions. The sessions will be facilitated by Rev. Tobias Nyatsambo, Hospice Chaplain.

According to Rev. Nyatsambo, "If you or someone you know is grieving the death of a loved one and are looking for support and/or desire to connect with others in similar circumstances, this program is for you. Our drop-in bereavement program aims to equip you for your journey through the wilderness of grief, in a format that is more relaxed and unofficial than a structured grief support group, which we also offer twice a year."

The death of a loved one is the worst experience anyone can ever have. In the words of a surviving spouse: "The days are long and lonely and the nights are

dark and scary. I have no one to hold, laugh with, or confide in. I find myself crying at everything or wanting to throw things."

A drop-in bereavement support group, Nyatsambo said, "Can help the bereaved share their grief and loss, which makes the burden easier to carry. Sharing the sorrow with others who have experienced a similar loss can help. Doing so in a less structured atmosphere may be just what some people need to be able to share their grief."

"Drop-in bereavement support is for anyone grieving the death of a loved one. Regular attendance is not required but we do believe people will benefit more by attending on a regular basis. There is no registration and no cost but we do ask people, if possible, to call if they plan to attend. No-call drop-ins are welcome, as well," said Rev Nyatsambo.

The drop-in sessions will run from 2 to 3:30 PM and other sessions may be added in the fall, if needed. They will be held at the VNA office on 75 Chestnut Street, Franklin.

For more information, call Nancy at 934-3454.

## League of New Hampshire Craftsmen Hosts Fine Craft Exhibition

Scheduled from January 13 to March 24

### Press release

The League of New Hampshire Craftsmen is pleased to present Setting the Standard, a multi-media, fine craft exhibition that showcases the work of master craftsmen who are jurors for the League. The League's jury program is nationally renowned for its high standards and professionalism. Anyone who wishes to be a League member must have their work evaluated by a jury of master craftsmen. The League has 23 media categories of fine craft, and sub-categories in several of the media. Master Level craftsmen of the League serve as jurors and meet with applicants in the ongoing jury program. By offering suggestions, and by example, the jurors guide, mentor, and encourage craftsmen to reach even higher goals in their work. (A list of participants appears at the end of this release).

The exhibition is on display at The Gallery at The Craft Center and headquarters on 49 South Main Street in Concord from January 13 to March 24, 2017. The Gallery is open Monday through Friday, 10 AM to 4 PM, and Saturdays, 10 AM to 4 PM, during the exhibition only.

"Our jurors play a vital part in the League's jury system, evaluating applicants' work and providing them with helpful advice for refining their skills to meet the level of expertise required for juried membership," said League Standards Manager Catherine Green. "This exhibition celebrates their work and their commitment to fine craft."

The Grodin Permanent Collection Museum

Along with the Setting the Standard exhibition, visitors can also enjoy the fine craft displayed in the League's Grodin Permanent Collection Museum. The Permanent Collection features

craft from the League's early years to the present, including pieces made by some of the world's renowned craftspeople, such as Otto and Vivika Heino and Edwin and Mary Scheier. Admission to the museum is free.

About the League of New Hampshire Craftsmen

The League of New Hampshire Craftsmen is a non-profit, craft education organization. Its mission is to encourage, nurture and promote the creation, use and preservation of fine contemporary and traditional craft through the inspiration and education of artists and the broader community. The League represents the signature of excellence in fine craft, through the work of its juried members, and its rigorous standards for self-expression, vision, and quality craftsmanship. The League of New Hampshire Craftsmen is supported in part by a grant from the New Hampshire State Council on the Arts and the National Endowment for the Arts. The Gallery has been made possible through the generosity of Concord Orthopedics.

For more information about the current exhibitions, the Gallery, or the League of New Hampshire Craftsmen, call 603-224-3375, e-mail nhleague@nhcrafts.org, or visit the League's Web site at nhcrafts.org.

### Local Participants in

#### Setting the Standard Exhibition:

Andover:	Gillian Smith
Boscawen,:	Adele Sanborn
Bradford,:	J. Ann Eldridge, Garry Kalajian
Canaan:	Michael Kraatz
New London:	Peter Bloch
Newbury:	Sharon Lindstrom
Sanbornton:	Sharon Dugan, Tom McGurrian
Warner:	Ted Blachly
Wilmont:	Zack Jonas

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