



The Proctor Academy community invites the Andover community to join us at the Proctor Ski Area on Saturday, February 11 for an evening of skiing, food, and fun to celebrate the unique role the Proctor Ski Area plays in the ski world. Bring your alpine skis, nordic skis, and snowboards to enjoy freshly groomed trails and outdoor fires blazing to keep you warm.

A hearty meal will be served at Yarrow's Lodge free of charge. Nordic skiing will begin at 3:30 PM and lifts will be running for alpine skiing from 5:00-8:30 PM. Please RSVP to Debbie Krebs at Events@proctoracademy.org or 603-735-6215. Caption: Scott Allenby



AE/MS eighth grade students are still having fun with their kindergarten teacher, Mrs. Audrey Pellegrino. The students were thrilled to visit with their beloved Mrs. P. and spent time playing and reminiscing as a class. Top left to right - Katie Bent and Kyleigh Fanny. Bottom left to right - Gavin Elliott, Colin Coolidge, and Mrs. Audrey Pellegrino. Caption: Jane Slayton, Photo: Erin Frost

Understanding Life at a Boarding School

“We serve as examples for our students...”

Scott Allenby, Proctor Academy

As students work through projects, readings, and delve into the final three weeks of the winter trimester, we are reminded of our unique role as adults living and working in a boarding school community like Proctor Academy. An excerpt from Brene Brown's most recent book, *Rising Strong* seemed appropriate to share at this point in the year as the winter months seem to drag on forever. Brown writes the following about wholehearted parenting:

Who we are and how we engage with the world are much stronger predictors of how our children will do than what we know about parenting. In terms of teaching our children to dare greatly in the 'never enough' culture, the question isn't so much, "Are you parenting the right way?" as it is "Are you the adult that you want your child to grow up to be?" Our stories of worthiness – of being enough – begin in our first families. The narrative certainly doesn't end there, but what we learn about ourselves and how we learn to engage with the world as children set a course that either will require us to spend a significant part of our lives fighting to reclaim our self-worth or will give us hope, courage, and resilience for our journey.

We may mark our profession as 'educator' on a questionnaire, but our responsibility to our students extends well

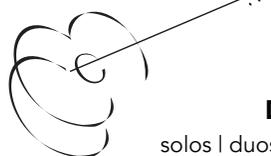
beyond the walls of our classroom and the pages of our textbook. We serve as examples for our students: in the dining hall, in assembly, when we play with our own children, when we interact with our peers, and when we volunteer our time in the Andover community. Our students arrive at Proctor having been shaped and molded by their own parents, and our role as a boarding school is to build upon the foundation their parents provided.

One of the greatest intrinsic educational benefits of a boarding school experience will never be quantified by the Dean of Academics; it happens informally by simply living life within a community. Brown's advice to parents "to be the adult you want your children to be" applies just as much to each of us, as adults, working in a boarding school environment. Our lives are imperfect – our children throw tantrums in the dining hall, we occasionally forget an advisee's birthday, and we get visibly frustrated by the sheer volume of emails in our inbox. Our ability to approach these imperfections with grace is perhaps the greatest lesson we will give to our students.

As we jump with two feet into our work at a boarding school, we do so knowing we have a responsibility to mentor our students, as well as our own children, wholeheartedly. When we live our lives as we would hope our children would live their lives – with hope, courage, and resilience – we unlock the true power of living in a boarding school community. 

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Proctor Athletic Schedule

Community invited to attend events

Scott Allenby, Proctor Academy

Proctor Academy's athletic department encourages members of the community to attend athletic contests on Proctor's campus this winter! Below is a schedule of varsity home games and races during the month of February. For a complete schedule of games, visit: ProctorAcademy.Org/Page/On-Campus/Athletics.

Ski Races:

- 2/8 – Alpine Ski Racing Slalom Championships at Proctor Ski Area 1 PM
- 2/11 – Proctor Ski Area Celebration 5 to 8 PM
- 2/18 – U16 Boys' Slalom at Proctor Ski Area – All Day
- 2/19 – U16 Girls' Slalom at Proctor Ski Area – All Day
- 2/24 – FIS Open Race at Proctor Ski Area – All Day
- 2/25 – FIS Open Race at Proctor Ski Area – All Day

Hockey Games:

- 2/1 – Girls' Varsity vs Vermont

- Academy 4 PM
- 2/3 – Girls' Varsity vs Kimball Union Academy 3 PM
- 2/8 – Boys' Varsity vs Phillips Exeter Academy 4 PM
- 2/11 – Boys' Varsity vs Kents Hill School 4 PM
- 2/15 – Girls' Varsity vs Hebron Academy 4:45 PM
- 2/20 – Boys' Varsity vs Holderness School 5 PM

Basketball Games:

- 2/1 – Girls' Varsity vs New Hampton School 2:30 PM
- 2/3 – Boys' Varsity vs Vermont Academy 6 PM
- 2/6 – Girls' Varsity vs Bradford Christian Academy 4:30 PM
- 2/8 – Girls' Varsity vs Holderness School 2 PM
- 2/10 – Boys' Varsity vs Holderness School 6 PM
- 2/11 – Girls' Varsity vs St. Andrew's School 2:30 PM
- 2/15 – Boys' Varsity vs Kimball Union Academy 2:30 PM
- 2/17 – Boys' Varsity vs Brimmer and May School 6:45 PM 



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