

Mt. Kearsarge Indian Museum Announces Opening Date for Tours

26th Year to begin on May 1

Press release

The Mt. Kearsarge Indian Museum (MKIM) announces its opening season for tours and activities begins on Monday, May 1, 2017. Join us as we celebrate our 26th year of Native heritage education and culture.

Mt. Kearsarge Indian Museum, Education and Cultural Center, connects people of today with 20,000 years of ongoing Native American cultural expression. The Museum embraces cultural diversity and encourages responsible environmental action based on respect for nature. Through exhibitions and programs, the Museum seeks to challenge and inspire all of us to improve the quality of our lives and our world.

All things in our world are part of one circle. The land, water, sky, animals, plants, and people are all connected. Chief Sachem Silverstar of the Pequot nation taught this philosophy to our founder, Bud Thompson, over 80 years ago. Now we share it with you. Experience the Circle!

Enjoy family friendly hands-on activities in our galleries, indoor and outdoor quests, and Native American dwellings to explore. Discover a harmonious relationship with the Earth, central to Native American beliefs, as expressed through material culture. Examine contemporary arts, historical baskets, pottery, bead work, quill work, archaeological artifacts, and much more from all across the United States. Reconnect with nature in the Medicine Woods, a tranquility zone to engage your mind while soothing your senses.

Enter the Northeastern Woodlands with its birch bark containers, moose hair embroidery, and split ash baskets; into the Southeast with artifacts from the Seminole and Cherokee cultures. Around a corner, enter the Southwest with a fascinating discussion of pueblo pottery, Navajo weaving, and

basketry from the western part of the country.

Next, step into the Plains Galleries complete with a full scale furnished tipi. Children and adults alike will marvel at this glimpse into Plains life with discussions of the American bison, beadwork, and feather headdresses. The Northwest Coast is represented by artifacts such as harpoon heads, fur lined moccasins, model kayaks, and more recent stone sculptures.

Connect the Circle Tours also includes a guided walk through the Medicine Woods Nature Trail, where we have over 100 plants native to our area that have been used by Native peoples for tools, medicines, foods, dyes, transportation, shelter, and more.

MKIM is a natural resource for classroom teachers, home school parents, youth group leaders, and enrichment coordinators. In addition to offering group tours of the museum, the museum offers Educator Resource Kits, Outreach Programs, and specifics on how MKIM aligns with the New Hampshire Department of Education's State Curriculum Frameworks for Teaching Social Studies.

Mt. Kearsarge Indian Museum was founded in 1990 by Charles "Bud" and Nancy Thompson as an educational and cultural center to connect visitors with Native American culture, past and present, and to encourage respect for our environment. The Mt. Kearsarge Indian Museum seeks to challenge all of us to improve the quality of our lives and our world.

The museum is open daily May 1 through October 31, Monday through Saturday 10 A.M. to 5 P.M., and Sunday Noon to 5 P.M., and is located at 18 Highlawn Road in Warner, New Hampshire.

Check out our Facebook to stay connected to our events. For more information, please call 603-456-2600 or email us at: info@indianmuseum.org.



Left to right: AutoServ of Tilton representatives Donna Hosmer, Carolyn Gaudet, Chelsey Gaudet, and Paul Gaudet; Tom Brady metal art; LRGHealthcare President & CEO Kevin W. Donovan; ClearChoiceMD Urgent Care Marketing Director Samantha Hosking; Franklin Regional Hospital Auxiliary representatives Stephanie Caldon (President) and Christine Dzujna (Past President); and Andrew Hosmer of AutoServ.

LRGHealthcare Hosts Bridge to Recovery Walk

Benefits substance abuse and mental health services

Press release

All are welcome to attend the inaugural LRGHealthcare Bridge to Recovery Walk on Sunday morning, May 7 at Franklin Regional Hospital.

This family friendly event will bring together community friends and neighbors, local businesses, and LRGHealthcare providers and staff, to raise awareness and funds, and to show our support for those in our community who are struggling with, or recovering from, substance addiction or mental illness.

LRGHealthcare is grateful and honored to announce the very generous Stroll Sponsors of the Bridge to Recovery Walk: ClearChoiceMD Urgent Care; Franklin Regional Hospital Auxiliary; Andrew and Donna Hosmer and AutoServ of Tilton; and Team Camren in Memory of Camren Ess.

"Countless families in our communities have been touched, or deeply impacted by mental illness, substance addiction, or both. We at LRGHealthcare are proud to stand beside our community partners as we strive to find solutions and offer resources to those during their time of need," states LRGHealthcare President and CEO Kevin Donovan. "We are so excited to host the first Bridge to Recovery Walk at Franklin Regional Hospital and encourage everyone in the community to come out for a nice walk and brunch celebration. On behalf of the Board of Trustees, staff, and patients at LRGHealthcare I would like to extend my sincere gratitude to our sponsors and those who

are supporting this event in any way," adds Donovan.

The 2-mile walk will begin and end at Franklin Regional Hospital, registration will begin at 8 AM; 8:30 AM speaking; and the walk will begin at 9:00 AM, followed by a Springtime Brunch Celebration on the FRH lawn, showcasing the culinary skills of Dr. Paul Racicot and colleagues. The morning will include live music, educational tables, and an opportunity to write messages in honor or memory of a loved one.

A \$20 donation covers the Walk and includes brunch; Walk Superstars who raise at least \$100 will receive an event shirt. Children 10 and under are free. There will be contests for largest team, most spirited team, most money raised by a team, and most raised by an individual. Winners in each category will receive a special gift, and of course bragging rights.

Joining Stroll Sponsors are Shuffle Sponsors: New Hampshire Healthy Families, Gil Schohan and Nils Skorve, and Thrift Clothes Closet in Franklin. Skip Sponsors include: Advanced Orthopaedic Specialists; Beck & Bellucci, Inc.; Belknap Landscape Company, Inc.; and Franklin Savings Bank.

Several Community Partners are also supporting the event and cause. Major in kind supporters include: Paul F. Racicot, MD (event chair) who will be providing and cooking brunch; Concord Monitor; Inspire Music Studio; Rowell's Services; and Taylor Rental.

To learn more about the Bridge to Recovery Walk please contact the LRGHealthcare Office of Philanthropy: 527-7063 or rdoherty@lrgh.org.

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