

From Zumba to Suzuki: New Programs at The Hub

Several new activities added to the schedule

Susan Chase, Andover Hub

New classes starting up after Christmas at The Andover Hub include a Zumba dance/fitness class, kids' violin lessons, a German-language conversation hour, a computer problem-solving opportunity and dog-training classes. Repeat offerings include yoga classes, a music series for babies and pre-schoolers, and the ongoing Bone Builders, "Coffee at the Hub," and a quilters and crafters group.

Zumba & Zumba Gold

Zumba mixes dance moves with exercise done to energetic Latin music, and is often called "exercise in disguise" because it's both "super effective and super fun." An ongoing Zumba class will be offered on Sunday mornings, beginning January 7, 8:30-9:30 A.M. Additionally, six weeks of Zumba "Gold," which is done at a slightly less intense energy level, will start on Wednesday, December 27, 5:30-6:30 P.M. The fee is \$5/session for either class, or students may buy a punch card that earns an occasional free class. Classes will be led by Akiesha Young; for more information, contact her at 998-0563 or at "Zumba with Akiesha" on Facebook.

Learning Violin the Suzuki Way

Suzuki-method violin lessons, both group and individual, for ages three years to adult and both beginners and those who want to improve their skills, will be offered by Cathy Todd, who is also available to teach beginning piano, viola and cello. The Suzuki method insures that students achieve success, whatever their age and level, actually making real music and achieving a good tone even as beginners. Cathy's many years of teaching and studying with Dr. Suzuki make her very good at assessing students' skills and helping them advance to a higher level. For more information, call or text Cathy at 748-8488.

"Sprechen Sie Deutsch"

German-language speakers, both those completely fluent and those less so, are invited to join a German conversation hour on the fourth Thursday of each month at 4 P.M. For information, contact Gisela Darling at 735-5681.

Computer Tutor Sessions

Residents who want to learn a new computer skill, have a question about software, or need to retrieve data from an old computer, can sign up for a half-hour appointment with freelance computer consultant Pat Michaud between 10 A.M. and 2 P.M. on Thursday, January 18. Bring your own laptop or device if you like (only PCs, no MACs); Pat will also have laptops with Windows versions 7 and 10 available. Email AndoverCommunitySpace@gmail.com to set up an appointment, or drop in that day and take your chances. For more information, contact Pat at pat@particularpat.com. There is no charge, but donations to The Hub are greatly appreciated.

Dog Obedience Classes

Dee Ganley will teach her popular dog training classes again, beginning in late January. Contact Dee at 603-735-5543, by email at dee@deesdogs.com, or check her website, www.deesdogs.com, for class descriptions, starting dates, times and fees.

All-levels Yoga

Yoga will continue at the Hub this winter, with both daytime and evening options. Coleen Vaughn will offer three six-week series beginning the first week of January on Tuesdays at 5:15 P.M., and Fridays and Saturdays at 8:15 A.M. The fee for any series is \$72, or drop in at \$15 if space is available. Kristen Nesbitt will continue her Thursday evening class at 6:00 P.M., with a six-week series beginning January 4; the series fee is \$72, a four-class pass is \$48 or one may drop in for \$15. Pre-registration is requested for all classes; interested students can contact Coleen at www.culturedvitality.com or on Facebook, or Kristen at kristengnesbitt52@gmail.com or www.backroadsyoga.com.

Music With Friends (for kids)

Babies, toddlers and pre-schoolers are invited to "Music with Friends," two four-week series beginning Friday, January 5, 1-1:45 P.M. and Monday, January 8, 9:30-10:15 A.M. Kids and their caregivers use rhythm instruments to play, dance and make music together. Taught by Julie Love of Sunapee, classes are \$10 per child per session (\$15 for two siblings) or \$35 for a series (\$50 for two siblings). To pre-register and for more information, contact Julie at love.j@comcast.net.

Bone Builders

New participants are always welcome at the ongoing Bone Builders class, 9-10 A.M. every Tuesday and Thursday. This strength and balance class is particularly aimed at seniors and is open to all, no pre-registration necessary. The classes are free-of-charge although a small donation is suggested.

Quilting & Crafting with Friends

An ongoing quilters and crafters group will meet next on Wednesday, January 10 and 24 and continue on alternate Wednesdays at 9 A.M. All are welcome to bring handwork projects to work on while socializing. For information, contact Kathy Ordway at 735-5618.

Coffee at The Hub

Coffee and camaraderie are available from 8:30 to 11:00 A.M. every Tuesday and Thursday. All are welcome to stop in for a cup of coffee and to chat with others.

Upcoming program possibilities include kickboxing, cribbage, swing dance lessons and more movie nights. The Andover Hub is open to all kinds of classes, events, etc.; if you've got something you'd like to teach or want to organize, let us know. To keep posted on what's going on at The Hub, send your name and email address to AndoverCommunitySpace@gmail.com and ask to be added to the ongoing email list.



Events Calendar

December 14

K-5 Holiday Concert: 6:30 P.M. at AE/MS

December 15

Andover Comm. Coffeehouse: 7 P.M. at Grange Hall, East Andover

December 16

11th Annual TubaChristmas: 2 P.M. at Wheeler Hall, Colby-Sawyer College

The Nutcracker: 7 P.M. Sawyer Fine Arts Center, Colby-Sawyer College.

December 17

Benefit Concert for Denise Sharlow: 1-4 P.M. at Franklin Opera House

The Nutcracker: 7 P.M. Sawyer Fine Arts Center, Colby-Sawyer College.

December 19

Holiday Story Time and sing-along: 7 P.M. at Batchelder Library

December 21

Kearsarge Area Senior Luncheon and sing-along: 10:30 A.M. at Wilmot Comm. Assoc.

Annual Christmas Pageant: 7 P.M. at South Danbury Christian Church

December 22

Andover After School Program "Date Night:" 5-9 P.M.

December 24

Candlelight Christmas Service: 7 P.M. at Andover Congregational Church, East Andover

December 27

Lions Club Middle School Basketball Tournament: 1 P.M. at Proctor Academy

December 28

Lions Club Middle School

Basketball Tournament: 1 P.M. at Proctor Academy

December 30

Red Cross Blood Drive: 9 A.M.-2 P.M. at WCA Red Barn in Wilmot

January 1

First Day Franklin: 10 A.M.-1 P.M. in downtown Franklin

January 5

First Friday Concert: 7 P.M. at Whipple Hall, Colby-Sawyer College

January 6

Danbury Winter Farmers Market: 9 A.M.-1 P.M.

January 9

Lake Sunapee Chamber Annual Meeting: 5 P.M. at Ware Student Ctr., Colby-Sawyer College

January 11

Local Democrats/Progressives & Independents Meeting: 7 P.M. at Highland Lake Inn

January 13

Beverly Woods in Concert: 7:30 P.M. at Franklin Opera House

January 18

Kearsarge Area Senior Luncheon: 11:30 A.M. at Wilmot Comm. Assoc.

January 24

Andover Book Club: 7 P.M. at Batchelder Library in East Andover

February 3

Danbury Winter Farmers Market: 9 A.M.-1 P.M.

February 10

Murder Mystery Dessert Theater: 7 p.m. at Franklin Opera House

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