



Wearing aprons is so much fun! The Second Graders at AE/MS are ready for their annual Heart Healthy Valentine Day Restaurant.

Photo: Gretchen Hildebrand

AE/MS Valentine's Day "Heart Healthy Restaurant"

Proceeds benefit
Franklin Animal Shelter

Gretchen Hildebrand
AE/MS Second Grade Teacher

Second graders once again prepared for their annual Heart Healthy Valentine Day Restaurant. First, our students wrote about how they think they do with healthy habits. They certainly are well informed and aware of how to stay heart-healthy! Here are just a few examples:

Ariana Johnson: I drink water every day. I eat a lot of fruits and I eat meats. I drink lowfat milk. I should stop eating sweets every night like chocolate ice cream, cake and cupcakes. I sleep 12 hours each night. I get a lot of exercise and I drink water every minute of the day.

Seth Spaulding: I eat a lot of vegetables every day. I drink water a lot, too. I like bananas. I could eat more blueberries and more kiwi. Every, like, month I eat a few pieces of candy.

Audrey Leith: I drink lots of water. I can't eat lots of gluten. I eat lots of vegetables and I eat a lot of different things. I exercise! I hydrate! I go to bed at 7:30.

Hans Wagler: I do well eating only two desserts every week. I could drink more water. I eat different foods. I sleep 11 hours every night and I play outside a lot.

Ember Morgan: I eat interesting food that is good for me and I drink a lot of water. I get 10-12 hours of sleep. I drink three water bottles a day. I wash my hands 3-12 times a day.

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The Proctor Academy Baseball Team shares a copy of the Andover Beacon with children San Pedro, Dominican Republic while on a service and training trip. The children were intrigued with the articles on ice fishing and snowmobiles.

Proctor Baseball Team Travels to Dominican Republic

Scott Allenby, Proctor Academy

Proctor Academy's baseball team traveled to the Dominican Republic for a service and training trip from March 17 to March 24. The team has a long-standing tradition of taking a Spring Training trip to Florida during March break but second year head coach Mark Tremblay and jv coach Junior De La Hoz instead took students to the Dominican Republic. Working in conjunction with Proctor's four-day immersion

program, Project Period, seventeen students and three coaches traveled to Santo Domingo, Dominican Republic for seven days of baseball training, community service, and life-changing work at the Nuestro Pequeños Hermanos orphanage. Read more about the trip on Proctor's blog homepage. (<http://blogs.proctoracademy.org>) and come out and support Proctor's baseball team this spring as they look to defend their 2017 Lakes Region Championship. 



Sam Gilman proudly shows his invention at the recent third grade Invention Convention.

Photo: Brendae Makechnie

AE/MS Third Grade Showcases Ingenuity at Invention Convention

Jay Hubbard, AE/MS

The Andover third graders held their annual Invention Convention on March 15. The Invention Convention was the culminating activity of a multidisciplinary unit. The students applied skills from math, reading, and writing to develop background knowledge, create inventions, and present them.

The third graders did an amazing job! There were two winners that went on to represent Andover at a regional convention. They were Colin Murphy and Camden Allenby.

Thank you to the judges and the families of third graders for their support on this collaborative project. 



Andover students reflect on studying abroad at Proctor.

Caption: Nelson Makechnie '19, Jack Newton '19, and Samantha Parkman '19 (above in Segovia, Spain) were three of the seven Andover residents who studied abroad at Proctor this winter.

Andover Students Reflect on Term Abroad

In the February edition of the Andover Beacon, we highlighted reflections from a few of our Andover residents studying abroad on one of Proctor's five term-long, off-campus programs. In that ar-

ticle, we failed to highlight Jack Newton '19 as a member of the winter Proctor en Segovia group. Our sincerest apologies to Jack and his family!

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