


All Welcome to Andover Service Club Meeting

Wednesday, May 11, at 10 AM

Sandra Graves, Andover Service Club

The Andover Service Club would like to welcome all of you to a meeting of the membership on Wednesday, May 11, at 10 AM at the Highland Lake Grange Hall in East Andover. Come one, come all, and bring a friend!

Refreshments will be provided by the Executive Board. Join us to conduct important business of the club and to enjoy meeting new members as well as seeing each other again after such a very long interval.

We are looking forward to seeing all of you on Wednesday, May 11, at 10 AM. The wearing of masks is encouraged. 

Crutches, Walkers, and Foot Care are All Available at the Hub

Senior Health Clinic is second Tuesday

Susan Chase
Andover Community Hub

In need of the loan of some crutches or a shower seat due to an injury or recovery from surgery? Need some help with regular foot care, blood pressure screening, or vitamin B-12 injections?


The Andover Community Hub has both an ongoing "Mobility on the Go" equipment lending closet as well as a regular Senior Health Clinic to help residents meet some health needs.

The Hub keeps a small inventory of wheelchairs, walkers, crutches, etc. ready to be loaned out to residents who may be recovering from injuries, surgeries, or hospitalizations and therefore have a temporary need for such items. Equipment is loaned for six weeks at no charge; the only request is that borrowed equipment be returned in clean

condition.

Residents can make an appointment to borrow equipment by contacting the Hub at 603 735-5509 or TheAndoverHub@gmail.com.

Area residents have also come to rely on the Senior Health Clinic, now in its third year at the Hub, especially for toenail clipping and other foot care, which can be a challenge for many seniors. The smiling face of a friendly nurse is a regular presence at the Hub on the second Tuesday of every month, from 10 AM to 2 PM by appointment.

The health clinic is provided by the Granite Visiting Nurse Association (VNA), based in Concord, and staffed by a VNA nurse who is also glad to answer questions about medications and nutrition. To schedule an appointment, residents should call the VNA at 603 224-4093, ext. 5815. A donation of \$10 to the VNA is suggested but not required. 

KNP Partners with Repeat Boutique to Help the Community

Your spring cleaning
can help those in need

Nancy Allenby
Kearsarge Neighborhood Partners

Are you spring cleaning your closets and drawers? Kearsarge Neighborhood Partners (KNP) has an account at the Repeat Boutique in Andover (upstairs in the Circle K near Belletetes on Route 11).

Drop off your spring and summer clothing donations Wednesdays through Fridays from 10 AM to 5 PM or Saturdays from 10 AM to 3 PM and let them know you want the proceeds to go onto the KNP account. KNP Advocates can then take neighbors to shop for whatever they need, whenever they need it. The cost of neighbors' clothing will come out of credit we have on the account. Everybody wins!

Tray It Forward

Spring Ledge Farm in New London is actively growing 400 beautiful trays of veggie seedlings for folks in our community who are experiencing food


insecurity. Just \$20 helps a family grow their own garden!

If you're interested in sponsoring a tray, stop in at the Spring Ledge farm stand. Each tray will make its way to either a family in need or a community garden site, in one of 12 local towns (including Andover).

National Volunteer Month

April is National Volunteer Month, and we want to celebrate the huge impact made by KNP volunteers! Thanks to each of you for being part of the KNP community and for making our neighborhood a better place, every single day.

We're very excited that so many good things are happening during coming weeks: wood stacking, Tray it Forward preparations, a KNP hat sale, and plans for a summer gathering. Thanks for being on this ride with us!


KNP's service area includes Andover, Bradford, New London, Newbury, Springfield, Sunapee, Sutton, Warner, Wilmot. For more information about KNP, visit KNPnh.org. 

Food Pantry from page 19

in their cars but hope to change that soon to allow everyone to come back inside to see what is available. Our volunteers try to assure our clients that they are welcome at the food pantry for as long as they need assistance.

The only requirement for shopping at KLSCFP pantry is that you bring some proof that you live in one of the above

towns. It could be a driver's license, a rent receipt, a gas or electric bill, or something similar. We do not ask for financial information, nor do we share information about our clients with anyone else.

If you have an emergency, cannot come at the above times, or have questions, please contact us at 603 526-6511. All who are in need of food are welcome to the Kearsarge Lake Sunapee Community Food Pantry. 


Kayak from page 19

in the paddlesports industry, came to Franklin Falls for a series of free clinics at the city's new whitewater park. The company's full line-up of whitewater and recreational kayaks was on display at Trestle View Park during the event.

"We are one big family, a community of paddlers, and we want to make

sure that everyone has a great time out on the water!" brand manager and professional paddler Emily Jackson stated.

This is exactly what the Jackson Kayak Fun Tour achieved. Bringing professional whitewater paddlers from Tennessee and Georgia hasn't ever happened in Franklin or New Hampshire. Whitewater paddlers are pumped.


However, the day was really about showcasing the Franklin community. As such, there was free live music, food vendors, and beer served by Franklin's local brewery, Vulgar Brewing Company. 



**Septic Systems • Driveways • Walls
Lawns • Hydroseeding
New & Existing Construction
Loam • Stone • Gravel
Snow Plowing & Sanding**

Jon Champagne
Master Road Scholar

Serving the area since 1992 • Free Estimates



Sometimes, your
kids hit the trails.

Sometimes,
the trails hit back.

For life's unexpected injuries and ailments, there's New London Hospital Express Care. Nobody ever expects to get hurt or sick. But when it happens, you want to get treated quickly. At New London Hospital Express Care, you can see a health care professional, no appointment needed, with convenient evening and weekend hours. We're here for sprains, sore throats, ear pain and more. All backed by the state's number one health system...just in case you need us for something more serious. Expert care at your speed.



New London Hospital

Discover more at
newlondonhospital.org/expresscare

RUMMAGE SALE

BAKE SALE

PRE-MADE MEALS

May 28

9 A.M. to 1 P.M.

**Andover
Community Church**

**Highland Lake Grange Bldg.
Chase Hill Road, E. Andover**

For information call:
Donna Thompson
603 393-5470