



Proctor Academy's varsity girls tennis team (pictured) won the Lakes Region Championship this spring, while the JV girls tennis team also had an undefeated season and won the Lakes Region Tournament.

Caption: Scott Allenby. Photo: Lindsey Allenby.

## Proctor's Girls Varsity Tennis Ends Season with Stunning Performance

### JV tennis undefeated in match play

Scott Allenby, Proctor Academy

Proctor's girls varsity tennis team put an exclamation point on a tremendous season with an absolutely stunning performance at the Lakes Region Tournament. In 90 degree heat, this group of girls pulled together to win #1 singles, #2 singles, and #2 doubles, while finishing runner up in #1 doubles. Never has a team had such a dominating performance in Lakes Region tournament play.

Quad-captains Lucy Werner '22 (South Hamilton, Massachusetts), Mayson Blondek '22 (Sherborn, Massachusetts), Sarah Morgart '22 (Newport, Rhode Island), and Violet Sperry '22 (Norwich, Vermont) have led this team all season, and the Lakes Region Tournament performance was no different. Werner '22 won #1 Singles, while Blondek '22 won #2 Singles. Morgart '22 and Sperry '22 made a tremendous run in the tournament, finishing runner up in #1 singles. Kate Ji '22 (Shenzhen, China) and Rose Werner '24 (South

Hamilton, Massachusetts) finished out the scoring for Proctor by taking home the #2 Doubles championship.

Playing tennis in central New Hampshire during the months of April and May can be quite challenging. Rain wreaked havoc on the tennis season for much of April, as showers seemed to always coincide with match days. Despite these challenges, Proctor's varsity girls posted a 6-1 record on the season with the only loss coming to St. Paul's School, and each victory by convincing margin.

Head Coach Melanie Maness knew her team was poised to make a run at a Lakes Region title heading into the tournament, and yet was thrilled with the tenacity and perseverance of her girls throughout the afternoon in spite of record heat and humidity. The trust and positive energy on this team is contagious, and was absolutely a part of the team's success.

Proctor's girls' JV tennis team also had an undefeated season in match play and won the JV Girls Lakes Region Tournament. Andover's Norah Carlson '24 was a member of the JV girls championship team.



The Johnson Sugar House at Proctor Academy was named after graduate Eric Johnson, class of 1988, and his wife Heide, a current biology teacher.

Photo: Proctor's Flickr account

## Johnson Sugar House Connects Students to History and Outdoors

### Named for Eric Johnson, a Proctor graduate

Jackson Downey  
Proctor journalism student

In between Peabody and Gulick House at Proctor Academy is a cabin with a vibrant green roof. This small building is the Johnson Sugar House, a part of Proctor's history and one way we connect to Proctor's 2,500 acres of land. The Sugar House is an expression of our community's love for the outdoors.

Laura Ostrowsky is a forest science teacher and Proctor's Woodlands Manager. Laura is enthusiastic about the outdoors and has a passion for teaching. Laura brings her love for the outdoors into the Sugar house.

The name of the Johnson Sugar house belongs to Eric Johnson, a Proctor graduate, class of 1988, and his wife Heide Johnson, a current biology teacher. Heide explained to me that before Eric was, sadly, diagnosed with Amyotrophic Lateral Sclerosis (ALS), he was always a big part of the maple sugaring here at Proctor, first as a student and later as a graduate. He always looked at it as therapy.

Eric's family decided to help by re-

building a beautiful maple sugaring house here in our backyard that supports students and anyone who enjoys the process of collecting sap and boiling and bottling syrup.

It's clear that the Proctor community's happiness improves when we are helping other people. If we are able to translate this to our daily life and the people outside of school, we could all lead happier lives. Any chance you get, see what you can do for others.

Laura informed me about the history of the Johnson sugar shack. "There was a



Laura Ostrowsky, a forest science teacher and Woodlands Manager at Proctor Academy, stands over the evaporators used to boil sap at the Johnson Sugar House.

Photo: Proctor's Flickr account

big student project to build it, and Greg Allen and Brooks Bicknell built it along with students." The sugar house was part of

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